



Prowers Medical Center 2021

Community Health Needs Assessment Executive Summary



Community Health Needs Assessment (CHNA) Overview

CHNA Purpose

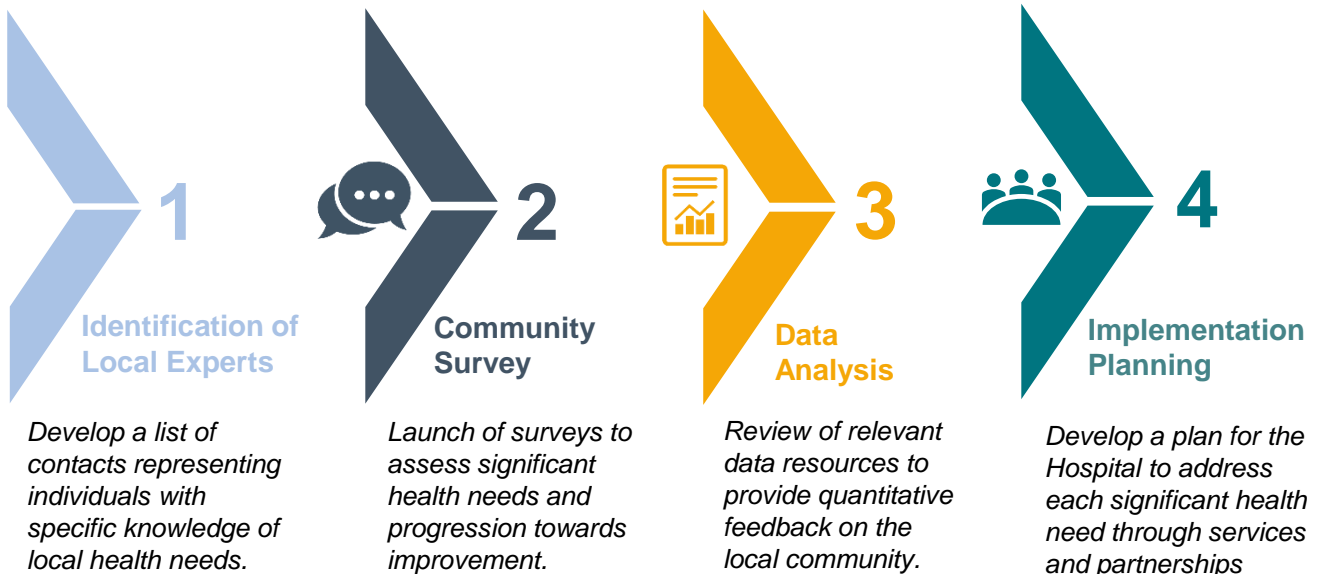
A CHNA is part of the required hospital documentation of “Community Benefit” under the Affordable Care Act for 501(c)(3) hospitals. It provides comprehensive information about the community’s current health status, needs, and disparities and offers a targeted action plan to address these areas, including programmatic development and partnerships.



Strategic Benefits

- Identify health disparities and social determinants to inform future outreach strategies
- Identify key service delivery gaps
- Develop an understanding of community member perceptions of healthcare in the region
- Target community organizations for collaborations

The CHNA Process



Community Data

Prowers County Demographics



	Prowers County	Colorado	U.S.
Population	12,302	5,817,059	330,342,293
Projected 5-yr pop. change	+0.7%	+6.4%	+3.3%
Population Age 65+	18.3%	14.9%	16.6%
White	57.0%	67.1%	59.3%
Hispanic	39.3%	22.2%	19.0%
Median household income	\$61,299	\$103,063	\$93,706
Highschool graduate or higher	81.4%	91.5%	87.8%

Leading Causes of Death

- ① Heart Disease
- ② Cancer
- ③ Lung Disease
- ④ Accidents
- ⑤ Stroke
- ⑥ Diabetes
- ⑦ Flu - Pneumonia
- ⑧ Kidney Disease
- ⑨ Hypertension
- ⑩ Suicide

Health Status Indicators

Health Behaviors

Prowers County ranks **#53** out of 60 Colorado Counties



Excessive Drinking

17%

CO: 21%



Adult Smoking

17%

CO: 16%



Adult Obesity

29%

CO: 21%

Socioeconomic Factors

Prowers County ranks **#36** out of 60 Colorado Counties

Children in Poverty

25%

CO: 12%



Children in Single-Parent Households

35%

CO: 28%



Unemployment Rate

4.2%

CO: 6.9%



Injury Deaths (per 100,000)

81

CO: 76

Healthcare Access

Prowers County ranks **#60** out of 60 Colorado Counties



2,980

People per Primary Care Provider
(Compared to 1,230 in CO)

1,510

People per Dentist
(Compared to 1,260 in CO)



500

People per Mental Health Provider
(Compared to 300 in CO)

13%

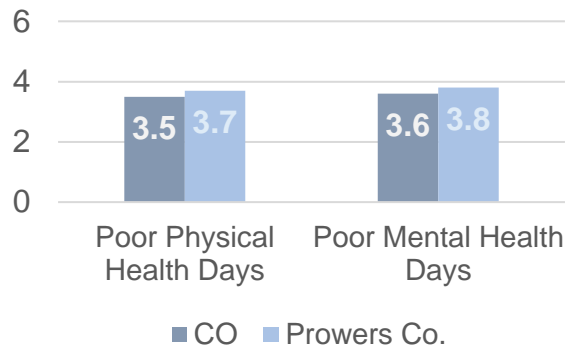
Uninsured
(Compared to 9% in CO)



Quality of Life

Prowers County ranks **#40** out of 60 Colorado Counties

Average number of physically and mentally unhealthy days in the past 30 days



Physical Environment

Prowers County ranks **#43** out of 60 Colorado Counties



Survey Data

Prowers Medical Center (PMC) distributed surveys to local experts and community members to understand the health needs and healthcare access challenges in Prowers County. The Hospital specifically solicited input from local experts who met federal criteria as local experts in at least one of the following categories:

1. Public Health Official
2. Department and Agencies
3. Priority Populations
4. Chronic Disease Groups
5. Broad Interest of the Community



199 surveys completed by community members



28 local experts provided input on local health needs

Survey respondents were asked to share what they believe are the most important health or medical issues currently facing Prowers County. These findings include:

“Poverty and low education levels contribute to many unhealthy options, people may not have choices. They may not have what they need for a healthier lifestyle.”

“Mental health is rising in our area and there isn't enough professional assistance available in our area as well as drug abuse. There needs to be available help for placement when the need arises.”

“The lack of health care providers who are going to stay in Prowers county and the long waiting list to get established with a primary care physician.”

“Lack of confidence from our Hispanic population in the trust and value of our healthcare system and the ability to have employers of this population support the individuals in being able to access the healthcare system.”

“Obesity. High cholesterol, diabetes, and high blood pressure are all related to bad eating habits and lack of exercise.”

2021

Top Priorities Identified by the Community

1. Education/Prevention
2. Drug/Substance Abuse
3. Social Determinants of Health (i.e., language barriers, poverty, education, high housing costs)
4. Mental Health/Suicide
5. Accessibility/Affordability
6. Cancer

Implementation Plan

The Hospital has determined that the action plan to address the health needs identified in the health needs survey (Education/Prevention, Drug/Substance Abuse, Social Determinants of Health, Mental Health/Suicide, Accessibility/Affordability, and Cancer) will be worked through the following key groups:

Healthy Lifestyle | *Behavioral Health* | *Accessibility*



Healthy Lifestyle

Education/Prevention, Cancer

Key Current Services/Programs:

- Registered dietician available for diabetic and nutritional counseling.
- Imaging capabilities with updated equipment: 3-D mammography, CT, X-ray and Fluoroscopy, PET Scanner, Ultrasound, Bone Density, and Echocardiography
 - Working on a new marketing campaign to promote new equipment to the community
- Participate in regular health education/events (American Heart Month, Breast Cancer Awareness Month, National Nutrition Month, etc.) to promote healthy lifestyles, prevention, and early detection of chronic diseases.
- A walking Path is located on the Prowers Medical Center campus and includes adult exercise equipment with integrated QR codes users can scan with their cell phone that provides different workout activities for users to follow.
- Employee Wellness Program that includes healthy programs, tobacco-free workplace, healthy living challenges, healthier cafeteria options, Lunch and Learn presentations, webinars, walking clubs, and more.
- Medical oncology, chemotherapy, and surgical treatment are available on-site.
- Promote monthly cancer events to align with cancer awareness months that will aim to educate the public on the importance of early screening, testing, and treatment.

Future Initiatives:

- Patient Family Advocacy Committee (PAFC) and the City of Lamar are working to connect the park and walking trail to create safe access to the park.
- Explore grant program options to help support family planning and related preventative health services.
- Research outreach strategies to better engage the community and educate them on the services available.



Behavioral Health

Drug/Substance Abuse, Mental Health/Suicide

Key Current Services/Programs:

- The Hospital participates in the Colorado Opioid Solution: Clinicians United to Resolve the Epidemic (CO's CURE) to reduce the administration of opioids while still treating pain appropriately through the use of ALTO (Alternative to Opioids Project) in the emergency department.

Behavioral Health Key Current Services/Programs (cont.):

- Provide Medication-assisted Treatment (MAT), through outreach referrals to Crossroads' Turning Points, Inc., in the emergency department to provide substance use disorder treatment and assist patients to sustain recovery.
- Partnership with Southeast Health Group to assess and treat patients presenting in the emergency department.
- Suboxone Prescribers licensed in the emergency department to dispense opioid medication used to treat patients with opioid addiction enabling the patient to engage in therapy, counseling, and support.
- Access to telepsychiatry Services through a partnership with High Plains Community Health Center.
- PQ9 depression screenings are administered in the clinics and HPCHC to every person over the age of eight; ASQ BH screenings are administered in the ER, med/surg, and OB department. A ligature safe room is available in the emergency department.

Future Initiatives:

- Continue to expand the ALTO (Alternative to Opioids Project).
- Continue to pursue partnerships with local organizations on providing additional access to behavioral health services.
- Promote the drug takeback program put on by the Lamar police department.



Accessibility

Social Determinants of Health, Access/Affordability

Current Services/Programs:

- Certified medical interpreters on staff that provide language services including interpretation, document translation, discharge planning instructions, home health, outpatient services, outreach to the community, and community education.
- The Hospital offers video interpretation, VRI, and TTY phone services.
- Financial Assistance Policy available with cash-pay discounts.
- Medical, dental, behavioral health, and diabetes/nutrition telehealth services are available through the partnership with High Plains Community Health Center. Behavioral health and primary care services are also available at Southeast Health Group.
- The Hospital website offers a Spanish translation option on the home page.
- Instituted a Patient and Family Advisory Council (PFAC) to hear the voice of patients and the community and to improve access to services.
- Time is allotted daily for same-day appointments to provide advanced access for sick patients at the PMG and HPCHC clinics.
- Patient portal enrollment assistance is promoted and available to all patients.

Future Initiatives:

- In the process of evaluating the expansion of telehealth services.
- Explore options for providing home services for patients with transportation difficulties.
- Continue to ensure all patient-utilized forms and services are provided in Spanish.

This summary of the Prowers Medical Center 2021 Community Health Needs Assessment has been assembled to provide a general understanding of the process and results. For complete details including citations and supporting documentation, please visit the Hospital's website.

