

## Health Fair All Year Long

Every Wednesday, from 7 – 9 am in October, patients can receive a wellness screen at Health Fair prices for only \$25. October is the final month this year for this pricing.



Included in the \$25 Wellness Screen:

- Lipid profile
- Kidney functions
- Electrolytes
- Thyroid
- Hemoglobin A1C
- Complete Blood Count
- Prostate Specific Antigen (PSA)

**Patients must pre-register for their Health Fair screening. To make an appointment, call (719) 336-8363.**



**Our New Beginnings Birth Center** team of experienced physicians and nurses trained to take care of you and your new baby — are helping to deliver babies at a record pace this year! Expecting?

**Call for a tour, 719-336-6759.**

## Radiology Billing

It's a digital age! If you have received radiology services at Prowers Medical Center, you may receive a text message prompting you to pay your bill to Heartland Radiology. If you opt to not click on the link, a paper bill will be sent after 7 days. **For questions, call 719-336-5570.**

## Aspire to Zero – Suicide Prevention Program

September is National Suicide Prevention Awareness Month —

but at Prowers Medical Center, our hospital-wide commitment to identifying individuals at risk, ensuring their safety, and connecting them with compassionate care is a year-round effort.

Do you know someone showing these behaviors?

- Talking about wanting to die or feeling hopeless
- Withdrawing from friends, family, or activities
- Sudden mood swings or agitation
- Increased use of alcohol or drugs
- Giving away possessions or saying goodbye

If you recognize these symptoms consider the QPR Method:

**Question** – Ask directly “Are you thinking about suicide?”

**Persuade** – Listen with compassion and encourage them to accept help.

**Refer** – Connect them to a crisis line (988, call or text) or hospital.

Healthcare, at its heart, is about saving lives. When it comes to patient safety, the only **acceptable number of losses is zero.**



Members of the Prowers Medical Center Zero Suicide Committee hosted an informational table at the annual 9-11 remembrance event on September 6. They will also be at the Memorial 5K on September 20. (Left to Right) Tresa Weir; Paula Appel; Dany Deines; Nisha Longoria and Rhonda Fleshman.

## Have you met your deductible for 2025?

If you've already met your deductible, now is a great time to take care of those important procedures you've been putting off—such as a colonoscopy or an orthopedic procedure. We encourage you to call soon to schedule your appointment so we can find a time that works best for you.



**Join us!**

**FREE Community Carnival - Thursday, September 25, 6:00 - 8:00 pm, LCC Wellness Center. Everyone is welcome!**

Your Place for Complete, Compassionate Care