



## Have a New Year's Resolution? We can help!

If your New Year's resolutions involve **losing weight, quitting smoking, or getting more active**, our primary care providers are here to guide you with personalized recommendations tailored to your age and health needs. Let's achieve your goals together!



## Immunizations

As winter and holiday gatherings approach, have you discussed with your provider the recommended immunizations to help keep you healthy and protect you from serious illness? Most immunizations are available at Prowers Medical Center, cash and insurance pricing.

## A Message from Karen Bryant, CEO Care, Resilience, Focus and Transformation.



Caring has always been at the heart of who we are at Prowers Medical Center. As we look back at 2024 and reflect on our hopes for the year ahead, it's humbling to consider all that we have accomplished.

Change is constant in the healthcare landscape, with new coding regulations, standards, and best practices emerging regularly. Staying informed

and up to date are crucial to delivering accurate, compliant, quality, and efficient care. Our work is not easy, but it's necessary, and it matters.

We have a unique opportunity to embrace partnerships and work with other organizations in a way that helps us accomplish our mission. We review, consider, and implement new opportunities to make healthcare more accessible, more affordable and more impactful for everyone. Setting priorities within our strategic plan has made us resilient and focused on our objectives, no matter what challenges come our way.



Scan the QR code to read more



Our year-long affordable health fair screening in 2024 topped 1,500 participants – so we are doing it again.

**Every Wednesday**  
**January, April, July & October**  
**7:00 - 9:00 am**

Please make an appointment by calling (719) 336-8363.

“I am so thankful that your hospital provided a health fair many times this year. It helped me monitor my diabetes closely.”

– PATIENT

To learn more,  
scan the QR Code



Your Place for Complete, Compassionate Care

401 Kendall Dr, Lamar, CO • [prowersmedical.com](http://prowersmedical.com) f @